

## EMERGENCY PREPAREDNESS COMFORT PACK CONTENTS

Refreshed and renewed, individual student comfort packs for every student, should be sent as soon, and as close to the beginning of each school year, as possible. There is no way to predict when such items may be needed. Students ***at all grade levels*** must bring one, even though, during ordinary times, older children may think that they are not necessary. The purpose of these packs is as much psychological as it is practical. Parents should make sure all of the required items are included, and should not load it with items not on the following list. (Student Parent Handbook p. 36 – 37)

**In an appropriate sized freezer-type zip lock bag, with the child's name and grade permanently marked on the outside, the following items should be placed:**

1. A family picture or pictures of each member of the family including pets.
  - A. On the back of the picture that contains an image of the child, **print** the students name, address, phone contact numbers (including cell phones), and blood type.
  - B. Laminate all pictures.
2. A note of comfort from each parent/guardian in a sealed envelope that will not be opened unless there is an emergency. The note may, but is not limited to, include the following:
  - A. I am thinking about you and I love you.
  - B. I will be there to get you as soon as it is safe for me to do so.
  - C. Please remain calm, stay safe, do as you are told – you are in a safe place there at school.
  - D. We will all get through this emergency if we remember to stay calm, and be good to all of those with whom we are waiting.
  - E. Etc.
3. Three days dosages of medicine (in the original prescription bottle) that your child takes ***at home*** in a separate plastic bag marked with the child's full name, grade, and authorization from the child's physician. Instructions about dosages should be included in the bag. These medicines will be retained in the office.
  - A. There is no need to include medicine that is normally taken during school hours as this is already stored in the office with appropriate documentation (See Medications In School, above).
  - B. No over the counter medications without a doctors note may be included.
4. Comfort food – a snack that will take some time to finish such as an all day lollipop, hard candy, sugarless bubble gum, etc.
5. A **foldable** cover for the head such as a light scarf, a soft billed baseball cap, a foldable sun hat, etc.
6. A **SMALL** or game.
7. A pencil and a small (**no larger than 3" X 5"**) note tablet.

### NEEDS FOR THE WHOLE SCHOOL FOR COMFORT AND ACTIVITIES DURING THE WAIT FOR PARENTS

Crayons, coloring books, word game books, colored pencils, markers, small tablets, clay, yarn, small stuffed animals or puppets (new condition), playing cards of all sorts.